

African Nutrition Leadership Programme

Good nutrition is important in every facet of life. From the fields to the table from infancy to old age, daily food options and choices affect peoples' lives worldwide.

As undernutrition continues in some parts of the globe, obesity strikes others.

Young nutritionists today play a vital role in shaping the health of the global population as new leaders. Empowered with the most up-to-date information and resources, young professionals can make important decisions that will affect the health and well-being of many individuals.

The [African Nutrition Leadership Programme](#) is a training program for young nutrition professionals intended to facilitate the implementation of knowledge gained through PhD and other professional degrees, into effective decision-making and leadership skills for the African continent. The program provides a look at nutrition in a broad, global, context and teaches new leaders how to work effectively with others and in a professional setting.

UNU has co-sponsored this program since inception in 2002. To date, the programme has trained over 100 young professionals.

The 7th session of the African Nutrition Leadership Programme will be held in South Africa in 2009.

For more information about UNU scholarships for this program contact: Sara Shapiro, Coordinator, UNU Food and Nutrition Programme sds32@cornell.edu.